



Meet Schedule

10:00am – Registration/Check-in Opens (we will not open any earlier) 10:30am – Future Tracksters Triathlon begins

• Boys long jump first, girls shot put first // rotate // 55m at 12:15pm

🔭 11:30pm – Field Events

- High Jump All ages & co-gender / contested progressively by starting height
- Pole Vault All ages & co-gender / contested progressively by starting height
- *12noon Shot Put (warmup after future tracksters) All ages / genders / by flight
- ***12noon** Long Jump (*warmup after future tracksters*) All ages / 1HR open pit, 4 jumps
- Triple Jump (~1:30pm after long jump) All ages & co-gender / 30 min. open pit, 4 jumps

🛪 12noon – Running Events (schedule is approximate - will roll after the first event)

- 12:00noon G/W 55M Hurdles (~2 sections)
- o 12:08pm B/M 55M High Hurdles (~3 sections)
- 12:15pm ALL 55M Future Tracksters
- o 12:30pm G/W 55M Dash (~6 sections)
- o 12:45pm B/M 55M Dash (~8 sections)
- 1:00pm G/W 1500M (~1 sections)
- 1:10pm B/M 1600M (~2 sections)
- 1:30pm G/W 400M (~6 sections)
- 1:50pm B/M 400M (~6 sections)
- 2:10pm G/W 800M (~2 sections)
- 2:20pm B/M 800M (~3 sections)
- 2:40pm G/W 200M (~9 sections)
- 3:05PM B/M 200M (~10 sections)
- 3:35PM Coed 3,000M (1 section)
- 3:50PM Coed 4x400M (~2 sections)

To view active entries for any event, please visit Athletic.net

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